

Health Services

#1 Plan cycle - 1 Plan cycle 2019/2020 7/1/19 - 6/30/20 Performance Objective 1 Improve outreach and awareness of health services.

1 Assessment and Benchmark

Benchmark: Events typically attended during the year include:

- Parent Orientations (eight)
- Preview Days (two)
- Alcohol Awareness event & speaker (spring)
- Sexual Assault Prevention event & speaker (fall)
- International Student Mixers (spring and fall)
- Finals De-Stress/Therapy Dogs (spring and fall)
- Housing/Res Life Orientation for on-campus students (fall)
- · Wellness Wednesday (tabling event; second week of fall semester)

1.1 Data

2017-2018:

In addition to our regular/standard events, we completed the following by request:

Event	Participants
Career Assessment Results Review (classrooms)	7 classroom results reviews; 431 students (not including individual 1:1 sessions)
Counseling Center/Health Services 101 Presentation	3 presentations 46 students
Cowboy Camp re: alcohol and sexual assault prevention (first time asked to speak at this event)	350 students
Presentation: Stress Relief, Sorority	90 students

Additionally, tabling events held that year included:

- Sleep hygiene
- Promotion of free HIV test available and Women's Clinic next semester in Health Services
- Sexual Assault Prevention Week tables (coloring contest)

2018-2019:

Event	Participants
Career Assessment Results Review (classrooms)	10 presentations, 394 students (not including 1:1 sessions)
Counseling Center/Health Services 101 presentation	4 presentations, 123 students
Cowboy Camp	~350 students
Presentations on anxiety, stress management, suicide prevention	4 presentations, 70 students

Additionally, tabling events held that year included:

• Sleep hygiene

- Promotion of free HIV test available and Women's Clinic next semester in Health Services
- Sexual Assault Prevention Week tables

2019-2020:

A new nurse practitioner/director was hired in May 2020 - unsure of specific data prior to this date. Campus traffic and events were greatly reduced due to COVID-19.

1.1.1 Analysis of Data

2019-2020:

A new nurse practitioner/director was hired in May 2020 - unsure of specific data prior to this date. Campus traffic and events were greatly reduced due to COVID-19.

1.1.2 Plan for Continuous Improvement

2019-2020:

In the future, Health Services plans to participate in Cowboy Camps, Preview Days, and table events; serve as the resource for COVID-19 information; update brochures; and host an open house at the new facility.

Performance Objective 2 Improve services and access to medical care on campus.

1 Assessment and Benchmark

Benchmark: Providing services that have historically not been provided before, but have been requested through past survey of students, and services that are provided at other universities, including: HIV testing, STD testing, and women's clinic (gyn) services.

1.1 Data

2017-2018:

Health Services nurses received training through the Office of Public Health to be able to offer free, rapid fingerprick HIV testing to all enrolled students on campus. This service became available to students during the spring 2018 semester.

In spring 2018 we were able to negotiate an additional women's health clinic to be added to the contract with Memorial Hospital to increase services available to students (pap smear, wellness visit, breast exam, pelvic exam, etc). This will officially take place starting fall 2018.

Late spring 2018, we began discussions through the local STD taskforce (headed by Dr. Bertrand Foche, Louisiana Dept of Health) to try to coordinate for free urine STD testing for enrolled students through the state lab.

2018-2019:

HIV and STD testing were offered for the first time ever for the campus, and at no cost to the students. Additionally, the first women's health clinics were held fall 2018 and spring 2019.

2019-2020:

HIV and STD testing continued at no cost to students. The women's clinic had 87 patients attend for services.

1.1.1 Analysis of Data

2019-2020:

HIV and STD testing continued and the women's clinic was offered most weeks until COVID-19, when services were reduced due to pandemic. Due to the change in Health Services management, no data are available to evaluate satisfaction.

1.1.2 Plan for Continuous Improvement

2019-2020:

The new nurse practitioner will continue to offer women's health and HIV/STD testing services. Due to his full-time status, the number of tests and visits should increase.

Performance Objective 3 Implement and utilize technology resources for health services.

1 Assessment and Benchmark

Benchmark: Implement electronic medical records.

1.1 Data

2019-2020: New manager for Health Services hired May 2020. Plans to institute technology changes for 2020-21

1.1.1 Analysis of Data

2019-2020: New manager for Health Services hired May 2020. Plans to institute technology changes for 2020-21

1.1.2 Plan for Continuous Improvement

2019-2020: New manager for Health Services hired May 2020. Plans to institute technology changes for 2020-21. For the future, Telehealth platform will be implemented and used as needed, especially with COVID-19 persisting. Electronic medical record options will be evaluated. At a minimum, electronic appointment scheduling will be achieved.