

Intramural & Recreational Services

Office of Intramural and Recreational Services

Introduction

Recreational Services, Intramurals, and Wellness support the concept that leisure, physical activity, healthy living, and competitive activities are vital to an individual's total well being. McNeese Recreational Services is designed to provide a broad and diversified program of recreational, competitive, and wellness activities for the University's students, faculty, staff, and alumni. We encourage maximum participation by offering a wide range of activities and facilities to promote recreation, exercise, social interaction, healthy living, and stress relief.

Performance Objective 1 To increase use of the recreation facility.

1 Assessment and Benchmark

Benchmark: Significantly increase use of recreation facility by students, faculty, and staff.

1.1 Data

Academic Year	# of participants within the rec complex	% change from previous year
2014-2015	34,200	—
2015-2016	35,200	+2.9%
2016-2017	34,111	-3.1%
2017-2018	35,333	+3.6%
2018-2019	30,794	-12.8%

[DAILY TALLIES FOR ACADEMIC YEAR 2018-2019](#) [DOCX 19 KB 8/13/19]

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

The following improvements been made:

1. Replaced several pieces of equipment in the cardiotheater.
2. Floors in arena have been stripped and resurfaced.
3. Received grant to replace the indoor track surface with Mondo surface (Olympic quality).
4. Implemented computer based method of registering for intramural events. Will make participation data much easier to gather.

2017-2018:

Benchmark met. Participation up 3.5%. Free rec complex membership for faculty and staff should also help increase this number in 2018-2019.

2018-2019:

- Previous benchmarks and assessment data were reported by report authors no longer associated with the department. There is skepticism regarding the accuracy of reporting.
- If the percentage change is indeed accurate, the decrease in student enrollment may have been an impact. Exclusive online enrollment is also a perceived impact.
- Participation will be encouraged through more communication to campus residents and commuters who spend significant time on campus.

2 Assessment and Benchmark

Benchmark: Significantly increase number of events held in the recreation complex.

2.1 Data

Academic Year	# of events	% change
2017-2018	57	—
2018-2019	58	+1.7%

[Special Events for academic year of 2018-2019](#) [DOCX 22 KB 8/13/19]

2.1.1 Analysis of Data and Plan for Continuous Improvement

2017-2018:

Benchmark year.

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2018-2019:

- Events with consecutive days of usage were considered one unit.
- Events that utilized multiple venues within the complex were considered one unit.
- The rec complex continues to be a viable option for campus events. Numbers in 2019-2020 may be impacted now that Memorial Gymnasium is no longer a venue primarily used by McNeese Athletics.

Performance Objective 2 To provide a comprehensive and diverse intramural program allowing students to participate in a wide variety of competitive sports and activities.

1 Assessment and Benchmark

Benchmark: Increase the number of students that have participated in the recreational/intramural program by 5%.

1.1 Data

Academic Year	# of participants in recreational/intramural program	% change from previous year
2014-2015	659	—
2015-2016	830	+17.8%
2016-2017	1,021	+19%
2017-2018	2,473	+240%
2018-2019	852	-65.5%

[Fall 2017](#) [DOCX 17 KB 4/4/19]

[Intramural summary F18-S19](#) [XLSX 17 KB 8/12/19]

[Spring 2018](#) [DOCX 114 KB 4/4/19]

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Up 55% from previous year.

We are now using electronic sign up and schedule format to track this data. 2014-2015 was the benchmark year.

2017-2018:

Largest increase. Benchmark met. We are now using electronic sign up and schedule format to track this data. Better data aggregation. Data files included.

2018-2019:

- Previous benchmarks and assessment data were reported by report authors no longer associated with the department. There is skepticism regarding the accuracy.
- Improve the condition of outdoor facilities to make participation more attractive to students.
- Collaboration with other areas of student engagement will increase awareness for intramural sports.

2 Assessment and Benchmark

Benchmark: Increase the number of student participants in multiple sports/events by 5% each year.

2.1 Data

Academic Year	# of participants in multiple sports	% change from previous year
2015-2016	1,355	—
2016-2017	1,399	3.2%
2017-2018	968	Benchmark
2018-2019	473	-51.1%

[Intramural summary F18-S19](#) [XLSX 17 KB 8/12/19]

2.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Increased 3.2% from previous years. Work harder on recruiting. Send notices to fraternities and sororities. 2014-2015 was the benchmark year.

2017-2018:

This is a benchmark year using this electronic program. Past aggregation could have counted participants more than once. This is an accurate number using a new program.

2018-2019:

- Previous benchmarks and assessment data were reported by report authors no longer associated with the department. There is skepticism regarding the accuracy.
- Encourage teams to compete for the "Apollo Cup". This is an award available to teams that compete in multiple leagues.
- Improve the condition of outdoor facilities to make participation more attractive to students.
- Collaboration with other areas of student engagement will increase awareness for intramural sports.

Performance Objective 3 Incorporate a comprehensive wellness program for students, faculty, staff, and alumni through awareness, education, health, and physical activity programs to create a healthy campus environment.

1 Assessment and Benchmark

Benchmark: Increase by 5% the number of visits of wellness program participants.

1.1 Data

Academic Year	# of visits	% change from previous year
2013-2014	2,393	—
2014-2015	2,545	+6%
2015-2016	2,601	+2.1%
2016-2017	2,455	-5%
2017-2018	2,554	+4%
2018-2019	3,116	+22%

[2018-2019 Wellness Program Report](#) [PDF 296 KB 8/12/19]

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Although we did not reach the 5% increase, we will maintain this expected level of achievement. Future weight loss options will emphasize visitation to the Rec Center. Adding more visits from program nurses.

2017-2018:

Benchmark not met. We did not reach the 5% increase. We anticipate free recreational center membership for faculty and staff will significantly increase the number of active participants. Future weight loss options will emphasize visitation to the Recreational Center. Adding more visits from program nurses.

2018-2019:

- Visibility for the wellness program has improved and lead to greater participation.
- Free rec memberships for faculty/staff brought more potential wellness program participants to the rec complex.
- The wellness program contract has been modified and the wellness program director will be on campus two days per week. This may impact participation numbers on subsequent reports.

2 Assessment and Benchmark

Benchmark: Improve wellness program exercise class attendance by 5% from the previous year.

2.1 Data

Academic Year	Exercise class attendance	% change from previous year
2013-2014	2,592	—

2014-2015	2,807	+8.3%
2015-2016	2,921	+4.1%
2016-2017	3,031	+3.7%
2017-2018	2,999	-1%
2018-2019	1,443	-51.9%

[2018-2019 Wellness Program Report](#) [PDF 296 KB 8/12/19]

2.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

We will maintain 5% achievement level, although we did not meet the goal this year. Participation numbers continues to increase.

2017-2018:

Benchmark not met. We will still expect an increase in participation by 5%. Free faculty/staff membership coming in fall 2018 should produce results.

2018-2019:

- Previous benchmarks and assessment data were reported by report authors no longer associated with the department. There is skepticism regarding the accuracy.
- New instructors will be recruited to increase the variety of exercise classes offered.
- Opportunities for promoting to students and employees will be enhanced through resources provided by the Office of Student Services.
- Numbers may not increase due to the modification of the wellness program contract.

Performance Objective 4 Maintain and improve recreation facilities and equipment.

1 Assessment and Benchmark

Benchmark: Facilities and equipment will be properly maintained, cleaned, and replaced when necessary.

1.1 Data

2017-2018:

The following improvements been made:

1. Replaced several pieces of equipment in the cardiotheater.
2. Floors in arena have been stripped and resurfaced.
3. Received grant to replace the indoor track surface with Mondo surface (Olympic quality).
4. Implemented computer based method of registering for intramural events. Will make participation data much easier to gather.

2018-2019:

1. No equipment was replaced in the cardio theater.
2. Arena floors were stripped and waxed in August 2018 and February 2019.
3. No grant funding was received for special projects.
4. No data to report.

[major projects done throughout the academic year of 2018-2019](#) [DOCX 19 KB 8/13/19]

1.1.1 Analysis of Data and Plan for Continuous Improvement

2017-2018:

Continue inspections, maintenance, and repairs when necessary.

2018-2019:

This benchmark may discontinue beyond this report. It was developed by prior report authors. It is vague and does not invite specific measureables. Many of the observations are dated.