

Intramural & Recreational Services

Office of Intramural and Recreational Services

Introduction

Recreational Services, Intramurals, and Wellness support the concept that leisure, physical activity, healthy living, and competitive activities are vital to an individual's total well being. McNeese Recreational Services is designed to provide a broad and diversified program of recreational, competitive, and wellness activities for the University's students, faculty, staff, and alumni. We encourage maximum participation by offering a wide range of activities and facilities to promote recreation, exercise, social interaction, healthy living, and stress relief.

Performance Objective 1 To increase use of the recreation facility.

1 Assessment and Benchmark

Benchmark: Significantly increase use of recreation facility by students, faculty, and staff.

1.1 Data

Academic Year	# of participants within the rec complex	% change from previous year
2013-2014	NA	
2014-2015	34,200	
2015-2016	35,200	
2016-2017	34,111	
2017-2018	35,333	

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

The following improvements been made:

1. Replaced several pieces of equipment in the cardiotheater.
2. Floors in arena have been stripped and resurfaced.
3. Received grant to replace the indoor track surface with Mondo surface (Olympic quality).
4. Implemented computer based method of registering for intramural events. Will make participation data much easier to gather.

2017-2018:

Benchmark met. Participation up 3.5%. Free rec complex membership for faculty and staff should also help increase this number in 2018-2019.

2 Assessment and Benchmark

Benchmark: Significantly increase number of events held in the recreation complex.

2.1 Data

Academic Year	# of events
2017-2018	57

2.1.1 Analysis of Data and Plan for Continuous Improvement

2017-2018:

Benchmark year.

Performance Objective 2 To provide a comprehensive and diverse intramural program allowing students to participate in a wide variety of competitive sports and activities.

1 Assessment and Benchmark

Benchmark: Increase the number of students that have participated in the recreational/intramural program by 5%.

1.1 Data

Academic Year	# of participants in recreational/intramural program	% change from previous year
2013-2014	NA	NA
2014-2015	659	NA
2015-2016	830	+17.8%
2016-2017	1,021	+19%
2017-2018	2,473	+240%

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Up 55% from previous year.

We are now using electronic sign up and schedule format to track this data. 2014-2015 was the benchmark year.

2017-2018:

Largest increase. Benchmark met. We are now using electronic sign up and schedule format to track this data. Better data aggregation. Data files included.

2 Assessment and Benchmark

Benchmark: Increase the number of student participants in multiple sports/events by 5% each year.

2.1 Data

Academic Year	# of participants in multiple sports	% change from previous year
2013-2014	NA	NA
2014-2015	NA	NA
2015-2016	1,355	NA
2016-2017	1,399	3.2%
2017-2018	968	Benchmark

2.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Increased 3.2% from previous years. Work harder on recruiting. Send notices to fraternities and sororities. 2014-2015 was the benchmark year.

2017-2018:

This is a benchmark year using this electronic program. Past aggregation could have counted participants more than once. This is an accurate number using a new program.

Performance Objective 3 Incorporate a comprehensive wellness program for students, faculty, staff, and alumni through awareness, education, health, and physical activity programs to create a healthy campus environment.

1 Assessment and Benchmark

Benchmark: Increase by 5% the number of visits of wellness program participants.

1.1 Data

Academic Year	# of visits	% change from previous year
2013-2014	2,393	NA
2014-2015	2,545	+6%
2015-2016	2,601	+2.1%
2016-2017	2,455	-5%
2017-2018	2,554	+4%

1.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

Although we did not reach the 5% increase, we will maintain this expected level of achievement. Future weight loss options will emphasize visitation to the Rec Center. Adding more visits from program nurses.

2017-2018:

Benchmark not met. We did not reach the 5% increase. We anticipate free recreational center membership for faculty

and staff will significantly increase the number of active participants. Future weight loss options will emphasize visitation to the Recreational Center. Adding more visits from program nurses.

2 Assessment and Benchmark

Benchmark: Improve wellness program exercise class attendance by 5% from the previous year.

2.1 Data

Academic Year	Exercise class attendance	% change from previous year
2013-2014	2,592	NA
2014-2015	2,807	+8.3%
2015-2016	2,921	+4.1%
2016-2017	3,031	+3.7%
2017-2018	2,999	-1%

2.1.1 Analysis of Data and Plan for Continuous Improvement

2016-2017:

We will maintain 5% achievement level, although we did not meet the goal this year. Participation numbers continues to increase.

2017-2018:

Benchmark not met. We will still expect an increase in participation by 5%. Free faculty/staff membership coming in fall 2018 should produce results.

Performance Objective 4 Maintain and improve recreation facilities and equipment.

1 Assessment and Benchmark

Benchmark: Facilities and equipment will be properly maintained, cleaned, and replaced when necessary.

1.1 Data

2017-2018:

The following improvements been made:

1. Replaced several pieces of equipment in the cardiotheater.
2. Floors in arena have been stripped and resurfaced.
3. Received grant to replace the indoor track surface with Mondo surface (Olympic quality).
4. Implemented computer based method of registering for intramural events. Will make participation data much easier to gather.

1.1.1 Analysis of Data and Plan for Continuous Improvement

2017-2018:

Continue inspections, maintenance, and repairs when necessary.