

## Health and Human Performance, General [HHPG]

**Cycles included in this report:**  
Jun 1, 2017 to May 31, 2018

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## Program Name: Health and Human Performance, General [HHPG]

Reporting Cycle: Jun 1, 2017 to May 31, 2018

### 1 Is this program offered via Distance Learning?

100% Traditional or less than 50% Distance/Traditional

### 2 Is this program offered at an off-site location?

No

### 2.1 If yes to previous, provide addresses for each location where 50% or more of program credits may be earned.

### 3 Example of Program Improvement [Not Approved]

2015-2016:

100% of students passed the American Red Cross First Aid Certification Exam.

2016-2017:

2017-2018:

100% of students passed the American Red Cross First Aid Certification Exam.

### 4 Program Highlights from the Reporting Year

2016-2017:

The program continues to promote community involvement of students and faculty by hosting events such as the SWLA Senior Olympics. During these events, students are able to apply and develop professional skills that they acquired through the program. The program also encourages professional growth of its students through the requirement of internships and/or practicums.

2017-2018:

### 5 Program Mission

The mission of the General Concentration programs in the Department of Health and Human Performance include the following: 1) preparation of workers in the field of health promotion; 2) preparation of students for success in physical therapy school; 3) preparation of students for graduate studies in health and human performance; 4) exposure of students to professional activities; and, 5) the provision of leadership in community activities.

### 6 Institutional Mission Reference

The program supports the University's mission of: 1) providing a baccalaureate curriculum distinguished by academic excellence; 2) promoting student success; 3) promoting university-community linkages; 4) cultivating skills necessary for critical thinking and effective expression; 5) gaining an understanding of the multicultural global community; and, 6) developing a sense of ethical and civic responsibility along with specific knowledge of the chosen discipline.

### 7 Assessment and Benchmark HHP 111 American Red Cross First Aid Certification Exam

Assessment: American Red Cross First Aid Certification Exam.

Benchmark: 90% of students must pass the American Red Cross First Aid Certification Exam with a score of at least 80.

#### Outcome Links

#### Health Related Fitness and First Aid [Program]

Graduates will identify components of health related fitness and first aid and apply them in various contexts.

### 7.1 Data [Approved]

Academic Year	% of students that passed with a score of at least 80
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2013-2014	96%
2014-2015	97%
2015-2016	100%
2016-2017	100%

Academic Year	Students scoring 80 or higher		Benchmark met?
	#	%	
2017-2018	201/201	100%	Yes
2018-2019			

### 7.1.1 Analysis of Data and Plan for Continuous Improvement [Approved]

2016-2017:

The American Red Cross, national accrediting agency, requires a minimum written score on examinations of an 80. Student's scores will continue to be monitored on all testable material.

2017-2018:

The American Red Cross, national accrediting agency, requires a minimum written score on examinations of an 80. Students' scores will continue to be monitored on all testable material.

## 8 Assessment and Benchmark HHP 111 Trauma Care

**Assessment:** Recognize trauma and administer the appropriate care, which is gauged by the passing of first aid skills practices and CPR practical, performed in one practical exam.

**Benchmark:** 80% of students will be able to recognize symptoms of various forms of trauma and administer appropriate care.

### Outcome Links

#### Health Related Fitness and First Aid [Program]

Graduates will identify components of health related fitness and first aid and apply them in various contexts.

### 8.1 Data [Approved]

Academic Year	% of students passing practical exam
2013-2014	96%
2014-2015	94%
2015-2016	95%
2016-2017	95%
2017-2018	94%

Academic Year	Students passing practical exam		Benchmark met?
	#	%	
2018-2019			

### 8.1.1 Analysis of Data and Plan for Continuous Improvement [Approved]

2016-2017:

Evaluation of student's passing the first aid skills practices and passing the CPR practical is the gauge to monitor the student proficiencies in emergency response.

2017-2018:

95% of student's passing the first aid skills practices and passing the CPR practical is the

gauge to monitor the student proficiencies in emergency response.

## 9 Assessment and Benchmark HHP 124 Health and Fitness Programs [Approved]

**Assessment:** Students will be able to identify components of health-related fitness and design programs to improve these components, which is gauged by embedded questions on exams in HHP 124.

**Benchmark:** 70% of students will be able to identify components of health-related fitness and design programs to improve these components.

### Outcome Links

#### Professional Experience & Participation [Program]

Graduates will observe and participate in internship, community, service, and campus service experiences and make sound judgments in academic and professional environments.

### 9.1 Data [Approved]

Academic Year	% of students able to identify components of health-related fitness and design programs to improve these components
2013-2014	71%
2014-2015	70%
2015-2016	79%
2016-2017	76%
2017-2018	78%

Academic Year	Students able to identify components of health-related fitness and design programs to improve these components		Benchmark met?
	#	%	
2018-2019			

#### 9.1.1 Analysis of Data and Plan for Continuous Improvement [Approved]

2016-2017:

Will be reducing the amount of workload as class sizes increase to a nearly unmanageable number with as much lab work as I have previously required. This may affect the learning and application of content/knowledge with less "hands-on" opportunities.

2017-2018:

Due to class sizes being too large to complete adequate lab work, the workload will be reduced. This will most likely have a negative effect on learning and application of health-related fitness components due to less "hands-on" opportunities.

## 10 Assessment and Benchmark HHP 331 Human Movement

**Assessment:** Students will be able to demonstrate ability to anatomically analyze human movement and identify the muscles producing the action.

**Benchmark:** 85% of students will earn a score of 40/50 on the mechanical analysis rubric.

Prior to 2017-2018, the benchmark was 80% of students will earn a score of 40/50 on the mechanical analysis rubric.

*Files: See list of attachments to view. (Requires Adobe Reader or compatible viewer).*

Mechanical Analysis Rubric

### Outcome Links

**Human Movement [Program]**

Graduates demonstrate ability to properly analyze human movement and utilize laboratory equipment to demonstrate selected motor learning principles.

**10.1 Data**

Academic Year	Students earning 40/50	
	#	%
2013-2014	55/60	91.6%
2014-2015	49/57	85.9%
2015-2016	69/75	92%
2016-2017	99/104	95%
2017-2018	69/72	95.83%

**10.1.1 Analysis of Data and Plan for Continuous Improvement [Not Approved]**

2016-2017:

Mechanical analyses will resume in fall 2016 and spring 2017. The expected level will increase to 85%, the actual data will continue to be monitored for those semesters.

2017-2018:

Mechanical analyses will continued to be monitored through fall 2018 and spring 2019. The expected level will increase to 88%. Also actual data will continuously be monitored for those semesters.

**11 Assessment and Benchmark HHP 448 Motor Learning**

Assessment: Students will be able to utilize laboratory equipment to demonstrate selected motor learning principles.

Benchmark: 75% of students will earn a score of 75% or higher on selected laboratory exercises/reports.

**Outcome Links****Human Movement [Program]**

Graduates demonstrate ability to properly analyze human movement and utilize laboratory equipment to demonstrate selected motor learning principles.

**11.1 Data**

Academic Year	Students with 75% or higher	
	#	%
2013-2014	39/46	85%
2014-2015	39/46	85%
2015-2016	39/46	85%
2016-2017	76/82	92.6%
2017-2018	80/86	93.02%

**11.1.1 Analysis of Data and Plan for Continuous Improvement [Approved]**

2015-2016:

A breakdown by semester indicates 90% (27/30) met the objective in the fall and 75% (12/16) met the objective in the spring. There was one incomplete each semester that was included in the number not meeting the objective. Five of the seven students who failed to meet the objective did not turn in all of the required laboratory exercises while the other two had incompletes. Blackboard was utilized to provide an additional reminder of when labs were due, it was announced in class and a calendar for labs was on the syllabus. Responsibility is lacking in handling assignments.

2016-2017:

All sections in 2016-2017 were taught online. Expected level of achievement showed significant improvement. Plans are to keep model as is for 2017-2018.

2017-2018:

All sections are taught in a web-hybrid style. This style has shown constant improvement from year to year, also with the online section during the summer it has shown improvement. Plan to keep the web-hybrid style going.

## 12 Assessment and Benchmark HHP 458,459, & 460 Internship Evaluation

Assessment: Students will complete internships and receive positive evaluations.

Benchmark: 70% of students will earn a score of 80% or higher on intern evaluation form provided by preceptor at the end of the internship process.

Files: See list of attachments to view. (Requires Adobe Reader or compatible viewer).

Intern Evaluation Form

### Outcome Links

#### Professional Experience & Participation [Program]

Graduates will observe and participate in internship, community, service, and campus service experiences and make sound judgments in academic and professional environments.

### 12.1 Data

Academic Year	% of students with 80% or higher
2013-2014	93%
2014-2015	93%
2015-2016	95%
2016-2017	96%
2017-2018	97%

#### 12.1.1 Analysis of Data and Plan for Continuous Improvement [Approved]

2017-2018:

The expected level of achievement will be increased to 85%. Internships will be offered completely online for a pilot run in fall 2018 semester and will be judged if this environment is better for student outcomes.

## 13 Assessment and Benchmark HHP 458, 459, & 460 Case Study

Assessment: Students will be able to prepare case studies.

Benchmark: 100% of students will achieve a composite score of 80% or higher on a case study prepared as a part of a capstone experience during internship.

Files: See list of attachments to view. (Requires Adobe Reader or compatible viewer).

Internship Case Study Rubric

### Outcome Links

#### Writing [Program]

Graduates demonstrate effective writing as appropriate to health and human performance professions.

### 13.1 Data [Approved]

Academic Year	% of students with 80% or higher	Average Score
2013-2014	100%	89.3%
2014-2015	100%	91.35

2015-2016	100%	100%
2016-2017	97%	93.6%
2017-2018	100%	94%

Academic Year	Students with 80% or higher		Benchmark met?
	#	%	
2018-2019			

**13.1.1 Analysis of Data and Plan for Continuous Improvement** [Not Approved]

2016-2017:

Case study rubric will be changed to include areas of patient satisfaction.

2017-2018:

With the changing of the case study rubric (which now includes patient satisfaction areas) the average score went up to 94%, and no student scored below 80%.

**Program outcomes**

Health Related Fitness and First Aid

*Graduates will identify components of health related fitness and first aid and apply them in various contexts.*

Human Movement

*Graduates demonstrate ability to properly analyze human movement and utilize laboratory equipment to demonstrate selected motor learning principles.*

Professional Experience & Participation

*Graduates will observe and participate in internship, community, service, and campus service experiences and make sound judgments in academic and professional environments.*

Writing

*Graduates demonstrate effective writing as appropriate to health and human performance professions.*

End of report