



## Volunteers of America®

2121 Oak Park Blvd. ♦ P.O. Box 4110 ♦ Lake Charles, LA 70606  
Resource Guide accurate as of 1/1/2013 and subject to change without notice.  
Published by Volunteers of America in Southwest Louisiana (337) 497-0034.

### Volunteers of America Services

#### **Adoptions**

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line) Fax: (337) 497-0229

- Opportunities for families to adopt newborn infants.
- Licensed agency home studies for domestic or international adoptions – flexible scheduling.

#### **Adult Housing**

(337) 497-0034 Fax: (337) 497-0229

- Provides individual supports and services for adults with mental illness within their own homes throughout southwest Louisiana or in agency leased apartments in Lake Charles to assist with and teach basic skills and move them into independent living.

#### **Comprehensive Mental Health Support Services**

(337) 497-0034 Fax: (337) 497-0229 (Main Office – 2121 Oak Park Blvd., Lake Charles)

- Provides psychosocial skills groups and case management for adults who are experiencing mild to moderate deterioration in daily living skills and social functioning due to a mental illness. Also provides individual services in the community.

#### **Crisis Supported Housing**

(337) 497-0034 Fax: (337) 497-0229

- Transitional housing within an apartment complex that provides supportive services to homeless adults who have a mental illness.

#### **Housing (HUD subsidized apartments)**

(337) 497-0034 Fax: (337) 497-0229

- Elton Place in Elton, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Lake Villa Apartments in Lake Charles, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.
- Oberlin Manor Apartments in Oberlin, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

#### **Journey's Rest**

(337) 497-0034 Fax: (337) 497-0229

- 24-hour observation and support that assists adults in crisis until stabilized and linked with other supports.

#### **Parenting Education Classes & Interagency Service Coordination**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination provides assistance to families in staying together and keeping children in school.

### **Permanent Supportive Housing**

(337) 497-0034 Fax: (337) 497-0229

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services.

### **Pregnancy Services – Volunteers of America**

(337)497-0034 in Lake Charles or 1-877-291-6807 (24 hour phone line) (Main Office – 2121 Oak Park Blvd., Lake Charles)

- Free counseling by phone or appointment.

### **Food & Clothing Services**

#### **Abraham's Tent**

(337) 439-9330 (2300 Fruge St., Lake Charles 70601)

- Lunches served 11:30 to 12:30 six days a week.(Mon.-Sat.)

#### **Beauregard Community Action Association, Inc.**

(337) 463-7263 & (337) 463-7895 Fax: (337) 463-8382

(104 West Port St., DeRidder, 70634 – near Council on Aging & Beauregard Mental Health)

- Food for seniors, Low Income Home Energy Assistance (LIHEAP). Must call for eligibility requirements and availability.

#### **Catholic Charities**

(337) 439-7436 Fax # (337)439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Once monthly food distribution; call for the next distribution date.
- 9 to 11 am & 2 to 4 pm. (food bank)

#### **City of Refuge (Veteran's Homeless Shelter)**

(337) 589-4407 Fax: (337) 589-3063 (5899 Hwy 3112, Vinton, 70668)

- Food, clothing, and blankets available

#### **Christian World**

(337) 475-0157 Fax: (337) 475-0159 (2001 East Gautier Rd., Lake Charles 70607)

- Food pantry serves 4 zip codes: 70605, 70607, 70630, and 70646. Open on Thurs. from 9:30 to 10:30 in fellowship hall. Must have photo ID, proof of hardship or income and social security card on everyone in household.
- **FOOD ONLY!**

#### **Community Outreach Center**

(337)786-6512 (337)842-5456 (337)515-2734 (337)786-7520 Fax: (337)786 3535

(1006 E. 4<sup>th</sup> Street, DeQuincy, LA 70633)

- Food Pantry & Thrift Store
- Open 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month, 8:30 -12:00 Noon
- Bring: Proof of Income, Picture I.D., Proof of Residence, award letter of food stamps and SSI

#### **Faith and Friends Food Pantry**

(New location: 4009 J. Bennett Johnston, Lake Charles, LA 70615) Phone: (337)439-9494

- Monday – Thursday 1 to 2:30 pm
- Bring photo ID, proof of income and residence, SS card for each person in household
- Only for Calcasieu Parish Residents

### **Faithshare Outreach**

(337) 905-1333 (1827 Hwy 384, Lake Charles 70607)

- **ONLY FOR CAMERON PARISH RESIDENTS**
- Located in Sweetlake, LA
- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- School uniforms for sale to anyone
- Can use a voucher from a non-profit organization to purchase in Cameron parish
- Hours: 8 – 12noon, Mon., Wed., & Fri.
- Medical equipment available for loan

### **Food Stamps & Governmental Food Assistance( La. Dept. of Children & Family Services)**

1-888-524-3578 (1-888-LAHELPU) & [www.dcf.la.gov](http://www.dcf.la.gov)

- Supplemental Nutrition Assistance Program(SNAP)
- Louisiana Combined Application Project (LaCAP)
- Child Care Assistance Program(CCAP)
- Family Independence Temporary Assistance Program (FITAP)
- Kinship Care Subsidy Program (KCSP)

### **Glad Tidings Food Pantry** (will do emergency if needed)

(337) 474-6080 (3400 Texas St., Lake Charles 70607)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of income and Social Security cards for every member of household .
- Can use once a month.
- Only serving those in area codes 70605 & 70607.

### **God's Food Box (A Ministry of Beauregard Ministerial Alliance)**

(337)463-4449 (426 McMahan ST., P.O. Box 1245, DeRidder, LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish from Rosepine to Bailey Rd.
- Open Tues and Thurs. from 10 am to 4 pm
- Recipients must verify income and residency, and provide current I.D. for all household members. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

### **Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food and clothing on Tues. 10 am to 2 pm.
- Some school uniforms available.
- Must have proof of income and valid I.D.
- Offering clothing Tues., Wed., and Thurs.

### **Jeff Davis Council on Aging**

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings, La. 70546)

- USDA commodities, food for families, public transit, emergency food and shelter, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, SR Rx meds, Acadian on-call, material aid, and transportation – elderly(60 and above), public & Medicaid(everyone).

### **Manna Ministries – St. Luke Simpson United Methodist Church**

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. (Can use once a quarter.)
- Financial and utility assistance (electricity, gas & water – no phone) only after registering.
- **Must register first.**
- For Allen, Beauregard, Calcasieu, Cameron, Jeff Davis, Rapides, and Vernon Parishes

### **Allen P. August Multi-Purpose Center Annex/ Human Service Dept.**

(337) 721-4020 Fax: (337) 721-4031 (2001 Moeling St., Lake Charles 70601)

- Food for seniors, mothers and children- call to register.

### **New Sunlight Baptist Church**

(337) 436-8965 (515 V.E. Washington Street, Lake Charles 70601)

- Fill out application Sat 9 am-11 am.
- Pick up food on the 2<sup>nd</sup> Saturday of the month from 9 to 11 am.

### **Oak Park Food Pantry at 1<sup>st</sup> Christian Church**

- Phone calls about food pantry (337) 478-3034
- Location of food pantry at 1611 17<sup>th</sup> Street, Lake Charles 70601
- 8 to 9 am Tuesday & Thursday
- For residents south of Broad Street, north of McNeese St., east of Lake St., west of Hwy 14.
- Need current utility bill and SS# for each member of household
- Do not serve single men unless they have a child in their household
- **If person needs further info call Mary at St. Margaret Catholic Church at (337) 439-4585.**

### **Salvation Army Center of Hope**

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- Mon.-Fri. 10 am – 3 pm. Can use once every 6 months.(Clothing Voucher)
- Photo ID, SSN, Proof of Income, Utility Bill, and Fire Report Required (only needed for furniture after a fire)
- Must have food stamp letter from Food Stamp Office.

### **Second Harvest Food Bank of Greater New Orleans & Acadiana (www.no-hunger.org)**

(504) 734-1322 (New Orleans) and (337) 237-7711 (Lafayette)

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- Open 7:30 AM- 4 PM

### **Seventh Day Adventist Church**

(337) 478-8353 (1537 Country Club Road, Lake Charles 70605)

- Food & clothing distributions at the rear of the building on Tues. & Wed. from 8:30 to 12.

### **Shepherd's Inn Outreach of United Christian Fellowship Church**

(337) 433-1517 (2802 Opelousas Street, Lake Charles 70615 – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 30 days.

### **Saints Memorial Church of God in Christ**

(337) 439-8680 (1717 Moeling St., Lake Charles 70601)

- Food Pantry opens (1<sup>st</sup> and 3<sup>rd</sup> Saturdays of each month) from 9 a.m. to 11 a.m.
- Call to verify the week before.
- Bring proof of income and ID

### **Westlake United Methodist Church**

(337) 433-8424 Fax (337)433-9905 (704 Johnson Street/P. O. Box 536, Westlake 70669)

- Food Pantry for residents of the Westlake area operating Mon. 9:30 to 11:30 am, Wed. 5 to 7 pm, Fri. 9:30 to 11:30 am; Also Moss Bluff area and Mossville area
- Proof of residence in Westlake, Moss Bluff or Mossville required, as well as proof of income for everyone in the household. Bring picture ID and one other item with name and address.

### **Case Management & Multi-Assistance Agencies**

#### **Advocacy Center**

1-800-960-7705 Fax: (504) 522-5507

(8325 Oak St., New Orleans, 70118) Website: [www.advocacyla.org](http://www.advocacyla.org)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

#### **Allen Action Agency**

(337) 639-4348 Fax: (337) 639-4715 (505 W. 7<sup>th</sup> Ave., P.O. Box 540, Oberlin 70655)

- Headstart, energy assistance, toys for tots and weatherization.
- United Way agency assisting with emergency crisis program

#### **BeauCARE**

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

[www.beucares.org](http://www.beucares.org)

- Multi-assistance agency providing family life, recreational, educational, youth development and advocacy programs for residents of all ages in Beauregard Parish and Southwest Louisiana.

#### **Cameron Community Action/Cameron Council on Aging (Case Mgt. for Cameron Residents)**

(337) 905-6000 Fax: (337)905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Serving Cameron Parish and using case management to determine needs.

#### **Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents.
- Free computer classes, life skills classes and Bible study.
- Thrift store - open on Saturdays 10-4 pm donations 8 a.m. - 3:45 p.m.
- Thrift store open M-F 10 a.m. -5 p.m. & donations 8 a.m. - 4:45 p.m. M-F
- Social Services (assistance office 9 a.m. – 4:30 p.m. M,T,Th,F)

#### **Caring Hands**

(337) 616-3081 (P.O. BOX 1204; 327 N. Main St., Jennings, La. 70546) email: [caringh@bellsouth.net](mailto:caringh@bellsouth.net)

- Qualified Jeff Davis residents only.
- Open Mon. – Thurs. 1-4 p.m. & applications taken 1 – 3 p.m.
- Assists with disaster needs, utilities, assistance, food, clothing and household items.
- Bring photo ID, Proof of income, all current bills, last 2 bank statements, Social security cards, and food stamp approval letter if applicable.

**Catholic Charities Diocese of Lake Charles** (Deputy Secretary: Trish Trejo)

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, some medical prescriptions.
- Assists with emergency financial assistance – funeral; employment ID & TWIC cards (only outside of Calcasieu Parish).
- **Appointment only by calling on the first day of the work week.**

**First Christian Church Mission Station**

(337) 478-3034 Fax # (866) 927-0576 (2525 2<sup>nd</sup> Avenue, Lake Charles 70601)

- Serves those who have damages resulting from hurricanes and other unexpected disasters.

**Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food on Tues. 10 am to 2 pm.
- Some school uniforms available.
- Offering clothing Tues., Wed., and Thurs.

**H.O.P.E. Center -Helping Our People to Excel**

(Hwy. 190E in Ragley 70657) Contact: Larry & Linda Harvey (337) 526-1825

- Serves Beauregard, Jeff Davis and Calcasieu parishes on 4th Wednesday and Thursday 9 a.m. to 12 p.m.
- Food is distributed on the 4th Wed. & Thurs. of the month.

**H.O.P.E. Mission**

(18325 Hwy. 190W in Reeves 70658) Pat King, Manager Emergency#: (337) 309-1897

- Allen Parish only.
- Food is distributed on the 4th Friday each month.
- No clothing.

**La Familia Resource Center**

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:30 a.m. to 4 p.m., Fri. appointments only
- They are a bilingual multiservice org that provides counseling (through Family Life), English classes, Spanish classes, translation, immigration assistance with a law-certified immigration law specialist, school system child advocacy and tutoring, referrals, resources, and cultural diversity workshops.

**LIHEAP**-(Low Income Home Energy Assistance Program/ Allen P. August Multi-Purpose Center

(337) 721-4030 Fax: (337) 721-4031 (2001 Moeling St., Lake Charles 70601)

- To assist residents in Calcasieu Parish with electric or gas bills twice a year based on income.
- Multi-Purpose Building- **Appointment only by calling (337) 721-4033.** Income guidelines apply.

**Jeff Davis Parish Assist Agency**

(337) 824-7800 Fax: (337) 824-7805 [www.assistagency.org](http://www.assistagency.org) Contact – Angela Lavallier Scott  
(P. O. Box 1404 Crowley 70526 & P. O. Box 1227 Jennings, La. 70546)

- Food, medicine, utility, housing, legal services and many more. 8:00 a.m. to 4:30 p.m. Mon. – Friday

**Manna Ministries – St. Luke Simpson United Methodist Church**

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. (Can use once a quarter.)
- Financial and utility assistance (electricity, gas & water – no phone) only after registering.
- **Must register first.**
- For Allen, Beauregard, Calcasieu, Cameron, Jeff Davis, Rapides, and Vernon Parishes

## Homeless Shelters

### **A.C. Dowden Memorial Shelter**

(337) 238-5328 Fax: (337)392-0384 (128 VFW Road, Leesville 71446)

- Men, women and children accepted.

### **City of Refuge (Veteran's Homeless Shelter)**

(337) 589-4407 & Fax: (337) 589-3063 (5899 Hwy 3112, Vinton 70668)

- For single men and family

### **ETC- Transitional Living Program for Homeless Youth Ages 16-21 (only those already in system)**

(337) 433-8636 Fax: (337) 433-8638

- Amy Dunn (337) 433-1062 Fax: (337) 439-1094
- Call for info. Provides transitional housing.
- Available for youth in custody of Dept. of Children & Family Services or Office of Juvenile Justice.

### **Freedom House– Faith Based Substance Abuse Program & Shelter**

(318) 518-3878(1408 Hwy 5, Logansport, LA 71049)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 6 month commitment, but can stay longer if doing well.
- Males and females accepted.

### **Harbour House**

(337) 433-6739 & Fax: (337) 436-7720 / Outreach office: (337) 433-1062 & Fax: (337) 439-1094

- Unaccompanied youth 7-17 years of age. An emergency shelter and takes referrals from agencies.

### **Jeff Davis Council on Aging**

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings 70546)

### **Jeff Davis C.A.D.A. [www.jeffdavigscada.com](http://www.jeffdavigscada.com)**

(337) 616-8418 & Fax: (337) 616-8421 (P. O. Box 826 Jennings La. 70546)

- Shelter for abused women and their children (**not homeless**)

### **June N. Jenkins Women's Shelter/Beauregard Community Concerns**

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (**not homeless**) and resources to assist victims of domestic violence even if they are not in the shelter.

### **Lord's Place**

(337) 494-6277 Fax (337) 478-0471/Earl (manager) - (337) 853-7222/  
Pastor Russell Benoit (337) 249-3144 (126 Kirkman St., Lake Charles 70601)

- For single men ages 18 and over.
- Website: [www.LordsOutreach.TvH.com](http://www.LordsOutreach.TvH.com) / E-mail: [LordsPlaceZ@aol.com](mailto:LordsPlaceZ@aol.com)

### **Matthew 25:40 (Nepenthe House)**

(337) 439-3061 (1414 Martha St., Lake Charles 70601)

- Men with AIDS or recovering from alcohol/drug abuse. Referrals by agencies only.

### **Oasis a Safe Haven for Survivors of Domestic and Sexual Violence**

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA DOMESTIC VIOLENCE HOTLINE)

Fax: (337) 436-8327

### **Potter's House**

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman St., Lake Charles 70601)

- For women and women with children

### **Salvation Army Center of Hope**

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- For men only.
- No felony charge of child abuse/no sexual crime of any kind
- Check-in time is from 4:30 p.m. to 6 p.m.; special circumstances, call in advance up to 12 a.m.
- Breathalyzer test administered, State ID required & VA administered
- Picture ID required

### **Welcome House**

(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley, Louisiana 70526)

- For men and women, single or married; for families also.
- Call first. They can accept people from outside their region.
- Not accepting those from psychiatric facilities.

### **Housing Assistance**

#### **CARC – Housing [www.carc.us](http://www.carc.us)**

(337) 433-3620 Fax: (337) 439-1886 (4100 J. Bennett Johnston Ave., Lake Charles 70615)

- HUD housing for people with developmental disabilities and meets low income limits.
- Currently has a waiting list.

#### **Chateau Du Lac**

(337) 436-0380 (333 Mill Street, Lake Charles, LA 70601)

- Apartments for individuals who are 62 or older and/or with a disability receiving SSI or SS.

#### **Habitat for Humanity [www.hfhca.org](http://www.hfhca.org)**

(337) 497-0129 Fax: (337) 497-0470 (3551 Avenue C, Lake Charles 70615)

- Only build houses from ground up, no home repairs at this time.
- **Open enrollment. Pick up applications at office or call for info.**
- Donated homes will be refurbished for future placement of families

#### **Louisiana Housing Search Service**

[www.lahousingsearch.org](http://www.lahousingsearch.org)

#### **Maison D'Amis (NAMI) – Independent Living**

(337) 437-7919 (401 Gerdson, Lake Charles, LA 70601)

- Apartments for mentally ill persons who qualify. Currently has wait list.

#### **Permanent Supportive Housing Program**

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and **is in need of supportive services.**

#### **Project Build a Future**

Main # (337)439-7191 (2306 3<sup>rd</sup> St. Lake Charles, LA 70601)

- A non-profit corporation committed to building and selling quality, affordable housing.
- Call to obtain an application.
- PBAF-STRICTLY HOMEOWNERSHIP



### **The Road Home**

1-888-762-3252 & [www.road2La.org](http://www.road2La.org)

- Registered applicants may receive housing assistance or buyouts.

### **USDA OFFICE- Rural Development Housing Programs**

[www.rurdev.usda.gov/la](http://www.rurdev.usda.gov/la)

- For applications call (337) 262-6602 ext. 4
- Low-income applicants can build or buy; low-income property owners can repair

### **Volunteers of America Mental Health Housing Services**

(337) 497-0034 Fax: (337) 497-0229

- Housing available for mentally ill persons who qualify.

### **Volunteers of America Elderly Housing in Elton**

(337) 497-0034 Fax: (337) 497-0229

- Apartments for 62 years old and up who have a low income.
- Currently have several openings.

### **Housing Authorities**

#### **Calcasieu Parish Housing Authority**

(337) 721-3577 & Fax: (337) 721-4031

- Waiting list - closed until further notice

#### **DeRidder Housing Authority**

(337) 463-7288 & Fax: (337) 463-3671

#### **Dequincy Housing Authority**

(337) 786-2381 & Fax: (337) 786-3204

#### **Housing Authority of Iowa**

(337) 582-6730 & Fax: (337) 582-3280

#### **Elton Housing Authority**

(337) 584-2541 & Fax: (337) 584-2541

#### **Jennings Housing Authority**

(337) 824-5642 & Fax: (337) 824-5649

#### **Kinder Housing Authority**

(337) 738-2077 & Fax: (337) 584-2541

#### **Lake Arthur Housing Authority**

(337) 774-3692 & Fax: (337) 774-2997

#### **Lake Charles Housing Authority**

(337) 436-7628 & Fax: (337) 436-9798

#### **Merryville Housing Authority**

(337) 825-8770 & Fax: (337) 825-8778

#### **Oakdale Housing Authority**

(318) 335-0712 & Fax: (318) 335-9326

#### **Oberlin Housing Authority**

(337) 639-2625 & Fax: (337) 584-2541

#### **Sulphur Housing Authority**

(337) 527-5248 Fax: (337) 527-0681

#### **Vinton Housing Authority**

(337) 589-5331 Fax: (337) 589-3677

#### **Welsh Housing Authority**

(337) 734-2647 Fax: (337) 734-4857

### **Housing Repairs**

#### **First Christian Church Mission Station**

(337) 478-3034 Fax: (866)927-0576 (2525 2<sup>nd</sup> Avenue, Lake Charles 70601)

- Serving those who have damages resulting from hurricanes or other unexpected disasters.

#### **Rebuilding Together**

(337) 478-1755 Fax: (337) 478-1744

- Help to make minor moderate repairs to houses for low-income families, the elderly, and the disabled.
- Income guidelines and home ownership required. **Calcasieu Parish only.**

## Education

### **American Red Cross [www.swla-redcross.org](http://www.swla-redcross.org)**

(337) 478-5122 Fax: (337) 478-1173

- Disaster preparedness, CPR, first aid, aquatics and water safety, babysitting training, and emergency disaster relief

### **Calcasieu Parish Adult Education - Sulphur**

(337) 528-2374 - Call for dates and times. Classes open to people living anywhere

- Tues. & Thurs. from 3:30 p.m. to 9 p.m. for night programs

### **Foreman-Reynaud Community Center**

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Lighthouse Club – social club for ages 50 and older, call for details.
- After school program from 3 to 5 p.m. Mon – Thurs. Free to anyone who needs homework help ages 4 and up.
- Youth achievement program for ages 12 & above – Call for more information.
- Swimming lessons (ages 5 & up). Call for time schedule.
- All year around water aerobics – call for time schedule

### **La Familia Resource Center**

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:30 a.m. to 4 p.m., Fri. appointments only
- They are a bilingual multiservice org that provides counseling (through Family Life), English classes, Spanish classes, translation, immigration assistance with a law-certified immigration law specialist, school system child advocacy and tutoring, referrals, resources, and cultural diversity workshops.

### **Literacy Council [www.literacyswla.org](http://www.literacyswla.org)**

(337) 494-7000 Fax: (337) 494-7915 (809 Kirby, Suite 126, Lake Charles 70601)

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, adult education and English as a second language.

### **National Alliance on Mentally Illness (NAMI) [www.nami.org/sites/namiswla](http://www.nami.org/sites/namiswla) & [www.namiwalks.org/southwestlouisiana](http://www.namiwalks.org/southwestlouisiana)**

(337) 433-0219 Fax: (337) 433-1860 (715 Ryan Street, Suite 203, Lake Charles 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, and caregivers of adults with mental illness.(NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents, adolescents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3<sup>rd</sup> Tuesday of Each Month at the NAMI office at 715 Ryan Street, Ste. 203

### **Volunteers of America Parenting Education Classes**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.

## Elderly Assistance

### **911-SNAP- Special Needs Assistance Program**

(337) 439-0811 Fax: (337) 439-9371 (911 Hodges St., Lake Charles, 70601)

- Voluntary program to assist elderly, special needs people or any person that may have limitations that need assistance during an emergency.

### **Allen Council on Aging**

1-800-256-2851 & E-mail: [allencouncil@bellsouth.net](mailto:allencouncil@bellsouth.net) Fax: (318) 335-3199

(Physical-- 602 E. 5<sup>th</sup> Ave., Oakdale 71463) (mail – P.O. Drawer EL, Oakdale 71463)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

### **Beauregard Council on Aging**

(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431 (104 West Port St., DeRidder 70634)

- Congregate & home delivered meals, transportation, material aid, legal assistance, recreation, SR RX, outreach and more.

### **Benefits Check Up**

[www.benefitscheckup.org](http://www.benefitscheckup.org)

- Assisting seniors identify financial benefits for which they may not know they qualify.

### **Better Business Bureau of SWLA**

(337) 478-6253 or 1-800-542-7085

[www.bbb.org](http://www.bbb.org) Fax: (337) 474-8981

(2309 E. Prien Lake Rd. Lake Charles, La.70601)

### **Calcasieu Allen P. August Multi-Purpose Center**

(337) 721-4030 or 1-800-542-7074 Fax: (337) 721-4031

(2001 Moeling Street, Lake Charles, 70601)

- Open 8 to 5 pm Mon - Fri

### **Calcasieu Parish Council on Aging [www.calcoa.org](http://www.calcoa.org)**

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles 70607)

- Utility assistance, prescription assistance, homemaker's services (light housekeeping twice a month), medical alert button, Medicare part D assistance with people to assist elderly to apply. Meals on Wheels and Sr. prescription program. For ages 60+.

### **Calcasieu Parish Sheriff's Office**

(337) 491-3626 Fax: (337) 439-1684(2112 Moeling, Lake Charles 70601)

- Elderly Services- offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders or to pick up food/commodities, medication and transport to doctors appointments.

### **Cameron Parish Council on Aging**

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Call for referrals 8:00 a.m. thru 4:00 p.m. , Monday thru Fri.
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance.

### **Experience Works [www.experienceworks.org](http://www.experienceworks.org) local e-mail: [experienceworkslc@att.net](mailto:experienceworkslc@att.net)**

(337) 433-4243 (715 Ryan Street, Ste. 105A, Lake Charles, La 70601)

- Provide training and job asst. to people ages 55 and older on limited incomes and not currently working.

### **Eye-Care America's Seniors Eye Care Program**

1-800-222-3937 [www.eyecareamerica.org](http://www.eyecareamerica.org)

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify. Available 24/7 year round.

### **Jeff Davis Council on Aging**

(337) 824-5504 Fax: (337)616-8622 (P.O. Box 734, 210 S. State St., Jennings, 70546)

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Legal assistance given. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish when funds are available. Aerobics classes Mon – Thurs as scheduled.

### **Louisiana Answers**

1-800-223-5872

- Aging and disability resource center for Allen, Beauregard, Calcasieu, Cameron, Jeff Davis and Vernon parishes.

### **Meals on Wheels - Calcasieu (Calcasieu Council on Aging) [www.calcoa.org](http://www.calcoa.org)**

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

### **Senior Prescription Assistance-Calcasieu Council on Aging [www.calcoa.org](http://www.calcoa.org)**

(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy. 14, Lake Charles 70607)

- SeniorRX-to assist seniors to link with assistance for obtaining their prescription medications.

### **Southwest Louisiana Independence Center (SLIC)[www.slic-la.org](http://www.slic-la.org)**

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (2016 Oak Park Blvd., Lake Charles 70601)

- They have medical equipment available for elderly or disabled who qualify at no charge. - FREE
- Direct Service workers to assist; does referrals and information
- Supervise independent living
- Supplies telephones & interpretive services for hearing impaired.
- Free hearing aid program, LCD Hearing aids

### **VITA (Volunteer Income Tax Assistance) Program**

(337) 433-1088 Fax: (337) 433-3679 (United Way of SWLA)

## **Employment**

### **Allen Career Solution Center**

602 Court St., Oberlin, LA 70655 mailing: PO Box 1140

(337) 639-2175 Fax: (337) 639-2560

### **AmeriCorps - Impact Lake Charles AmeriCorps**

(337) 491-8735 Fax: (337) 491-8760 (Physical-- 326 Pujos Street, Lake Charles 70601 Mailing-- PO Box 900, Lake Charles, LA 70602)

- Academic assistance – community service

### **Beauregard Business and Career Solutions [www.laworks.net](http://www.laworks.net)**

(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1<sup>st</sup> St., DeRidder 70634)

- Workforce training and employment services. Call for information.

### **Beauregard Christian Women's Job Corps. [www.beauregardewjc.org](http://www.beauregardewjc.org)**

(337) 463-4451 (1409 Rose St., DeRidder 70634 Mailing – P.O. Box 1362, DeRidder 70634)

- Teaches life and job skills for women over 18 years old who are in need.

### **Care Help Sulphur [www.care-help.org](http://www.care-help.org) (also on Facebook)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Life Skills Class on Wednesday at 10 a.m.
- Computer classes on Wed. from 2:30 p.m. to 4p.m and 5-6:30 pm at 112 E. Thomas in Sulphur.
- Bible classes on Tues. 8:00 a.m to 9:00 am; open to people living anywhere, Call for info.

**Experience Works [www.experienceworks.org](http://www.experienceworks.org) email: [experienceworkslc@att.net](mailto:experienceworkslc@att.net)**

(337) 433-4243 (715 Ryan St., Ste. 105A, Lake Charles, La. 70601)

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

**Louisiana Rehabilitation Services**

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

**Louisiana Workforce Commission –Business and Career Solution Center Calcasieu Consortium**

(337) 721-4010 & 866-783-5567 & [www.laworks.net](http://www.laworks.net) (2424 3<sup>rd</sup> Street, Lake Charles 70601)

- Job search, resume help, job fairs and more. Call for information.
- MTWF 8-12, 1-5, Th. 8-12, 1-3

**Unemployment Claims [www.laworks.net](http://www.laworks.net)**

1-866-783-5567

**Family & Children's Services**

**BeauCARE**

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

[www.beucares.org](http://www.beucares.org)

- Provide information, referrals, education, parenting, training, and advocacy for families involved with OCS in Allen or Beauregard Parishes. Many more services than listed.
- Safe visitation center – provides supervised visitation for families in crisis in Allen, Beauregard, Calcasieu and Vernon Parishes.

**Calcasieu Parish Animal Services and Adoption Center for Calcasieu [www.petfinder.com](http://www.petfinder.com)**

(337) 721-3730 (5500A Swift Plant Rd., Lake Charles 70615)

- Spay Neuter Assistance Program – call for specific guidelines.

**Family & Youth Counseling**

(337) 436-9533 Fax (337) 439-9941 (220 Louie St., Lake Charles, LA 70601) [www.fyca.org](http://www.fyca.org)

- Classes, programs and support groups to assist families and children. See website for list.

**Families & Friends of Louisiana's Incarcerated Children**

(337) 436-6633 (188 Williamsburg Ave., Lake Charles, LA 70605) [www.fflic.org](http://www.fflic.org)

- Advocacy to promote education over incarceration and to assist families with children in the juvenile justice system.

**Foreman-Reynaud Community Center**

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Free homework assistance from 3 p.m. to 5 p.m. Mon. – Thurs.
- Drive Rite classes every other Sat. from 9 a.m. – 3 p.m. (Call ahead)
- Free VITA tax services
- New Health Club – call for details

**Gulf Coast Teaching Family Services, Inc./Gulf Coast Social Services**

(337) 436-6622 Fax: (337) 436-4403 (825 Ryan St., Suite 300, Lake Charles 70601)

- Community based service programs providing consultation, training and educational services to individuals and their families. Accepts Medicaid, insurance and private pay.

### **Kid's Need**

(337) 425-1711 (P.O. Box 1206, Westlake, 70669) [www.iamgracious.org](http://www.iamgracious.org)

- Giving time, love and compassion to school-aged children
- Call for time and date of monthly activity night and dinner

### **Volunteers of America Parenting Education Classes & Interagency Service Coordination**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Class Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination to develop plans for children with Emotional Behavioral Disorders who at risk of being removed from the home or school.

### **FEMA Assistance**

#### **FEMA**

1-800-621-3362 [www.fema.gov](http://www.fema.gov) & [www.disasterassistance.gov](http://www.disasterassistance.gov)

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm> website

### **Legal Services**

#### **Acadiana Legal Services**

(337) 439-0377 Fax: (337) 439-0636 (Capital One Tower, One Lake Shore Dr., Ste.800 Lake Charles 70629)

- Provide free legal assistance in civil matters such as divorces, child custody, consumer issues, housing and public benefits

#### **Child Support Enforcement / La. Dept. of Children & Family Services**

(337) 491-2111 & [www.dcfsl.a.gov](http://www.dcfsl.a.gov)

#### **La Familia Resource Center**

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:30 a.m. to 4 p.m., Fri. appointments only
- They are a bilingual multiservice org that provides counseling (through Family Life), English classes, Spanish classes, translation, immigration assistance with a law-certified immigration law specialist, school system child advocacy and tutoring, referrals, resources, and cultural diversity workshops.

#### **Louisiana Civil Justice Center**

1-800-310-7029 (504)355-0970 [www.laciviljustice.org](http://www.laciviljustice.org) & [www.lawhelp.org/la](http://www.lawhelp.org/la)

- Telephone advice and referral service for low income elderly or disaster affected Louisiana residents.
- Information and self-help resources provided to those who aren't qualified for free legal aid.
- Intake and referral service for people seeking pro-bono oil spill claims assistance.
- Monday – Thursday from 10 am to 5 pm

#### **Southwest Louisiana Law Center**

(337) 436-3308 Fax: (337) 433-2523

- Non-profit law firm - provides low cost legal services - fees charged on sliding scale
- By appointment only - \$50 up-front, consultation fee required
- 8:30 a.m. to 5:00 p.m. Monday – Friday, Closed 12:00 p.m. to 1:00 p.m. for lunch
- Photo ID required
- Civil matters only – no criminal matters
- Not “Legal Aid”

## **The People's Advocate**

(337) 436-3475 Fax: (337) 436-3476 (607 Ryan Street, Lake Charles, LA 70601) [www.thepeoplesadvocateswla.com](http://www.thepeoplesadvocateswla.com)

- A foundation started to promote civil rights and social justice; to advocate for the rehabilitation and healing of children caught in the juvenile justice and child welfare systems; to end violence against women, children and animals; to fight for environmental justice and reduce exposure to toxic pollutants; and, to keep families together by helping to find legal and social solutions to immigration issues impeding family unity.

## **Referral Services**

### **Best Buddies**

[www.bestbuddieslouisiana.org](http://www.bestbuddieslouisiana.org) & [www.ebuddies.org](http://www.ebuddies.org)

(14423 Old Hammond Hwy., Ste. B, Baton Rouge 70816)

- Mentoring and friendship program for people with intellectual disabilities.
- Free e-mail pen pal program.

### **Educational & Treatment Council (ETC)**

- Harbour House - (337) 433-6739 Fax: (337) 436-7720
- Outreach Center - (337) 433-1062 Fax: (337) 439-1094
- Providing intervention and prevention services that address at-risk youth and their families.

### **Families Helping Families [www.fhfswla.org](http://www.fhfswla.org) email: [info@fhfswla.org](mailto:info@fhfswla.org)**

(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578 (2927 Hodges St., Lake Charles, 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

### **F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services**

(337) 721-3900 Fax: (337) 721-3907 (PO Box 2073, Lake Charles 70602)

- Assist in coordination of services for children and parents who need intervention before criminal behavior.

### **Louisiana Assistive Technology**

1-800-270-6185 & [www.latan.org](http://www.latan.org) Fax: (225) 925-9560 (3042 Old Forge Dr. Ste. D. Baton Rouge 70808)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans for purchase of assistive technology and home/vehicle modification, and other assistance to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment
- Device demonstrations and device loans

### **Louisiana Dept. of Insurance [www.lds.la.gov](http://www.lds.la.gov)**

1-800-259-5300 & Fax: 225-342-3078 (Physical: 1702 N. Third St., Baton Rouge, La. 70802)

Mailing: P.O. Box 94214, Baton Rouge, La. 70804-9214)

- For questions about insurance call for assistance

### **OCDD (Office for Citizens with Developmental Disabilities)**

(337) 475-8045 Fax: 337-475-8055 [www.ocdd.dhh.louisiana.gov](http://www.ocdd.dhh.louisiana.gov) (3501 5<sup>th</sup> Ave #C2 Lake Charles 70607)

### **310 Info, 2-1-1**

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636) [www.310info.org](http://www.310info.org)

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana.
- Resource information is available 24 hrs/7 days a week.
- Open Mon. – Fri., 8 am – 4:30 pm

## **Veterans Affairs**

1-800-827-1000 & [www.va.gov](http://www.va.gov)

## **Transportation**

### **Calcasieu Parish Public Transit System**

[www.cppj.net](http://www.cppj.net) (337) 721-4040 & Fax: (337) 721-4181 (2424 3<sup>rd</sup> St. Lake Charles 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 72-hour advanced notice or more.
- Grocery Shopping Service available for ages 65 or over every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.
- Job access and reverse commute from 6am to 11 pm
- All based upon availability.

### **Medicaid Transportation**

1-800-864-6034

- 1<sup>st</sup> Transit in Crowley (Medicaid recipients only)

### **Reduced Bus Rate Pass- Dept. of Public Works**

(337) 491-1253 (1155 Ryan St., Lake Charles 70601)

- Senior Citizens bring Medicare card and ID to get blue card to ride bus for \$0.50
- People with a disability bring official letter proving disability and ID to get discount card for \$0.50 rides

## **Volunteers Needed**

### **Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Need volunteers.

### **Hobo Hotel for Cats**

Contact Volunteer Coordinator Jean Smith at (337) 477-7001 or (337) 302-2670 or [smithjkelly@suddenlink.net](mailto:smithjkelly@suddenlink.net)

- Recruiting volunteers to assist with the temporary or permanent care of cats.
- Children's program available for children accompanied by an adult.

### **Calcasieu Police Jury Human Services [www.cppj.net](http://www.cppj.net)**

(337) 721-4020 Fax: (337) 721-4184

- Senior Volunteers through RSVP, MRC & TRIAD Programs
- Need volunteers for Senior Games Program

### **Volunteer Center of Southwest Louisiana**

(337) 439-6109 or [www.1-800-volunteer.org](http://www.1-800-volunteer.org)

- Call to find out about organizations needing volunteers in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 9 to 4.

## **Counseling Services**

### **ABC Pregnancy Resource Center (Lake Charles)**

(337) 433-2797 Fax: (337) 433-1334 (9 – 3 Mon. –Fri.)

### **Adoptions – Volunteers of America**

(337) 497-0034 in Lake Charles & 1-877-291-6907 (24-Hour phone line)



**Adult Protection**

1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)
- Will not accept cases by fax, only by phone

**Alcoholics Anonymous, Alateen, & Al-Anon**

(337) 475-0022

**Alcohol and Abuse Helpline**

(337) 480-0120

**Allen Behavioral Health Clinic**

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Dr., Oberlin 70655)

**Allen Outreach**

(318) 335-3578 Fax: (318) 335-3753 (Oakdale)

**Alzheimer's Association**

La. Chapter: 1-800-272-3900

**Community Pregnancy Center**

(337) 463-9500 & 1-800-259-1999

- Tues. & Wed. 9-2

**Beauregard Behavioral Health Clinic**

(337) 462-1641 & Fax: (337) 462-1354

(106 W. Port St., DeRidder 70634)

**Child and Adolescent Response Team (Lake Charles Behavioral Health Clinic)**

(337) 475-8022 (8-4:30 Mon.-Fri.) Fax: (337) 475-8054 or 1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis

**Child Protection Hotline**

(337) 491-2545

Fax: (337) 491-2654

**Elderly Protection**

1-888-491-2619 (196 Williamsburg, Lake Charles 70605)

Fax: (337) 475-3510

**Emmanuel Counseling Center**

(337) 485-9564

**Family & Youth Counseling**

(337) 436-9533 Fax: (337) 439-9941 & [www.fyca.org](http://www.fyca.org)

(220 Louie St., Lake Charles 70601)

**Gulf Coast Teaching Family Services, Inc./Gulf Coast Social Services**

(337) 436-6622 Fax: (337) 436-4403 (825 Ryan St., Suite 300, Lake Charles 70601)

- Marriage and family therapy. Accepts Medicaid, insurance and private pay.

**HALOS (Healing After Loved Ones Suicide)**

- Meets at Crossroads Bookstore, 601 W. Preen Lake Rd., Lake Charles
- Meet the 3<sup>rd</sup> Monday of the month at 6 pm
- Call Sharon at (337) 884-6031 for more information

**MMO Behavioral Health Systems**

(337) 527-7878 Fax (337) 527-7880 (1909 Southwood Dr., Lake Charles, LA 70605)

- IOP and PHP (day programs)

**Lake Charles Behavioral Health Clinic**

(337) 475-8022 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA 70607)

- Free open orientation every Tuesday at 12:45 p.m.

**Louisiana Center for the Blind**

866-444-4496 Wendy Jackson

### **Meaningful Minds of Louisiana/Extra Mile**

(337)237-2090 Fax: (337) 237-2083 (525 S. Buchanan Lafayette La 70501)

- Peer support program for the mentally ill. Mon. – Fri. 8 a.m. - 4:30 p.m.

### **MSU Project for the Treatment of Problem Gambling**

(337) 475-5964

- Free - call to schedule an appointment for the treatment of problem gambling; for gamblers and/or loved ones.

### **National Council on Compulsive Gambling**

1-800-522-4700 Fax: (318) 220-7579

### **New Life Counseling**

(337) 474-7003/(800)712-4357 Fax: (337) 474-1282. (631 E. School Street Lake Charles, 70607)

- Appt only M-F 9 a.m. -4 p.m. & Walk-ins MTW&F 9:30 a.m. -2:30 p.m.

### **National Alliance for the Mentally Ill (NAMI) [www.nami.org/sites/namiswla](http://www.nami.org/sites/namiswla)**

(337) 433-0219 Fax: (337) 433-1860 (715 Ryan Street, Suite 203, Lake Charles 70601)

- NAMI Connections Support Group for adults with a mental illness meets Wednesdays at 1:30 pm at Maison D’Amis at 401 Gersten in Lake Charles.
- NAMI Support Group for families/friends of individuals with a mental illness diagnosis meets the 3<sup>rd</sup> Tuesday of each month at NAMI office from 6 pm to 7 pm; use back door entrance.

### **National Suicide Prevention Lifeline/ Veteran’s Crisis Line**

1-800-273-8255 (TALK)

### **Rachel’s Vineyard of SWLA by the Diocese of Lake Charles**

(337)439-7400 Ext. 317 [www.rachelsvineyard.org](http://www.rachelsvineyard.org) Contact: Marjorie Long

- Healing the pain of Abortion, One Weekend at a Time.
- M-F 8:30 a.m.-4:30 p.m.

### **Pregnancy Counseling – Volunteers of America**

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

### **Oasis Safe Haven: Sexual Assault Program**

(337) 494-7273 or 1-866-570-7273 Fax:(337) 494-7269

### **University United Methodist Church [www.universitymethodist.com](http://www.universitymethodist.com)**

(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles 70605)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Tuesday night at 6:00 pm. Contact person Mickey Shannon.

### **Mental Health Services**

*Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding scale for services; please ask about payment plans when scheduling service.*

### **Addiction Disorders**

#### **Addiction Center for Treatment**

1-800-210-6085

#### **Alcohol and Drug Treatment Referral**

1-800-454-8966

#### **Allen Parish Outreach/Oakdale ADC**

(318) 335-3578 Fax: (318) 335-3753

#### **Cenikor Foundation – Joseph Brisco Treatment Facility**

(337) 491-2355 Fax: (337) 491-2492

#### **Beauregard OBH**

(337) 462-1641 Fax: (337) 462-1354

#### **Institute for Neuropsychiatry**

(337) 477-7091 Fax: (337) 474-4552

**Jeff Davis Addictive Disorders Clinic**

(337) 824-4705 Fax: (337) 824-4827

**Lake Charles Behavioral Health Clinic**

(337) 475-8022 Fax: (337) 475-8054

**Lake Charles Substance Abuse Clinic/Behavioral Health Group**

(337) 433-8281 Fax: (337) 433-7938

**New Horizons Counseling Center**

(337) 478-1411 Fax: (337) 562-1489

**Townsend**

(337) 216-7502 in Lafayette & 1-800-504-1714 (Crisis Hotline) Fax: (337) 216-7542

**Counseling – Personal & Family**

**Behavioral Health Center – Lake Charles**

(337) 475-8022 Fax: (337) 475-8054 (4105 Kirkman, Lake Charles 70607)

**Chadha Medical Rural Health Clinic – DeQuincy**

(337) 786-5007 Fax: (337) 786-5009

**Christian Counseling Clinic**

(337) 474-1218 Fax: (337) 474-2929

**Counseling Services of Southwest LA**

(337) 431-7194 Fax: (337) 431-7198

**Eddie Windham Family & Individual Counseling**

(337) 302-0801 Fax: (337) 480-4067  
300 E. McNeese, Ste 3A Lake Charles, LA 70605

**Emmanuel Counseling Services**

(337) 485-9564

**Family and Youth Counseling Agency**

(337) 436-9533 Fax: (337) 439-9941 [www.fyca.org](http://www.fyca.org)

**Grandberry Counselors**

(318) 335-1930 (Oakdale 1<sup>st</sup> Baptist Church)  
Fax: (318) 335-0277

**MMO Behavioral Health Systems**

(337) 527-7878 Fax: (337) 527-7880

**Kay Doré Counseling Clinic at McNeese**

(337) 475-5981 Fax: (337) 562-4221  
[www.mcneese.edu/kdcc](http://www.mcneese.edu/kdcc)

- Open all year M-F 8 pm-5 pm

**New Horizons Counseling Center**

(337) 478-1411 Fax: (337) 562-1489

**The Psychology Clinic – Lake Charles**

(337) 474-2682 Fax: (337) 474-4601

**Quit Now Smoking Cessation Counseling**

[www.quitwithusla.org](http://www.quitwithusla.org)  
1.800.Quit.Now(784.8669; 24 hr counseling line)

**Rehab Services of SWLA**

(337) 433-3292 Fax: (337) 433-3293 (803 West Bayou Pines, Ste A, Lake Charles, LA 70601)

- Specializing in mental health of children, adolescents and adults. **Medicaid recipients only.**

**Shepherd's Way Counseling**

(337) 478-1616 (710 W. Prien Lake, #104, Lake Charles 70601)

**Hospitals with Mental Health Programs**

**Allen Parish Hospital Recovery Unit**

(337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496 (108 6<sup>th</sup> Ave., Hwy 190 W., Kinder, 70648)

**Calcasieu Oaks**

(337)439-8111 Fax: (337) 439-1970  
(2837 Ernest St., Lake Charles 70601)

**Christus St. Patrick Hospital**

(337) 436-2511 HR Fax: (337) 491-7769  
(524 Dr. Michael DeBakey Dr., Lake Charles 70601)

**DeQuincy Memorial Hospital**

(337) 786-1200 Fax: (337) 786-1219 (110 W. 4<sup>th</sup> Street, DeQuincy 70633)

**Jennings Senior Care Hospital**

(337) 824-1558 Fax: (337) 824-1561  
(#1 Hospital Dr., Ste. 201, Jennings 70546)

**Lake Charles Memorial Hospital**

(337) 494-3000 Fax: (337) 494-3299  
(1701 Oak Park Blvd., Lake Charles, 70601)

**Oceans Behavioral Hospital – DeRidder**

(337) 460- 9472 Fax: (337) 460-9473  
1420 Blankenship Dr., DeRidder 70634

**Oceans Behavioral Hospital – Lake Charles**

(337) 474-7581 Fax: (337) 474-7582  
302 W. McNeese St., Lake Charles 70605

**MMO Westend**

(337) 616-8122 Fax: (337) 616-0590 (Med. Records); Fax: (337) 824-9401 (Nurse Station)  
(1530 Hwy. 90 West, Jennings, 70546)

**Psychiatrists****Advanced Psychiatric Services**

(337) 310-0153 Fax: (337) 310-0202 (3501 5<sup>th</sup> Ave., Ste. A, Lake Charles 70607)

**Bridgeway Psychiatric Center**

(337) 562-0211 Fax: (337) 562-0212 (3451 5<sup>th</sup> Avenue Lake Charles 70607)

**Gulf Coast Psychiatry**

(337) 562-8100 Fax: (337) 562-8356

**Institute for Neuropsychiatry**

(337) 477-7091 Fax: (337) 474-4552

**Lake Area Psychiatry**

(337) 478-9331 Fax: (337) 478-9828 (333 Dr. Michael DeBakey Dr., Ste. 220, Lake Charles 70601)

**Psychiatric Services of Lake Charles Memorial Hospital**

(337) 494-3262 Fax: (337) 494-2087 (1701 Oak Park Blvd. 10 Tower Lake Charles 70601)

**Medication Assistance and Physical Health or Disability Services****Advocacy Center**

Primary# 1-800-960-7705 Fax: (504) 522-5507 (8325 Oak St., New Orleans 70118) [www.advocacyla.org](http://www.advocacyla.org)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection of institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

**Allen P. August Multi-Purpose Center**

(337) 721-4030 Fax: (337) 721-4031 (2001 Moeling St., Lake Charles 70601)

- For SENIORS - medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, eye glasses assistance, health screenings and health education- Erica Kaough Health Care Coordinator.
- Dental discount services
- **Appointments necessary for all children and screenings.**

**Bayou Health (Replaced Kid Med as of 6/1/2012)**

1-877-252-2447 or 1-855-BAYOU4U [www.medicaid.la.gov](http://www.medicaid.la.gov)

- How most of Louisiana's Medicaid and LaCHIP recipients receive health care services

**Calcasieu Community Clinic**

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)  
(P.O. Box 91775, 550 East Sale Rd. Ste 217, Lake Charles, La. 70609)

- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Medically supervised weight loss program.
- Open Mon-Thurs 8-4; Fri from 8-12.

**C.M.A.P. – Cenla Medication Access Program**

318-443-7494 & 1-888-443-7494 and [www.cmaprx.org](http://www.cmaprx.org) Fax: (318) 448-4473

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers entire state of Louisiana.
- Open 8-12 & 1-5, Mon. – Fri.

**Children's Special Health Services (337) 480-2552 & Calcasieu Parish Health Unit (337) 478-6020**

Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles 70601)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Do not work with people who have private insurance
- Open 8 a.m. – 4:30 p.m. Mon. – Fri.
- Provide immunizations for all. 8:00 a.m. -3:30 Wednesdays; ages 0 to 18 years

**Direct Care**

(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common St., Lake Charles 70605)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

**Gulf Coast Behavior Services**

(337) 945-0349 & (337) 263-0819 Fax: (337) 240-8397

- For disability services or Autism services for all ages
- Provide in-home Applied Behavior Analysis (ABA) Autism therapy services including 1 on 1 therapy, socialization, communication, and self-help skills, and parent/caregiver training.

**LaChip and Bayou Health Helpline**

Call 1-877-252-2447 & [www.medicaid.la.gov](http://www.medicaid.la.gov)

- Total health care for children without insurance at no or low cost.

**Louisiana Developmental Disabilities Council**

1-800-450-8108 & [www.laddc.org](http://www.laddc.org)

**Louisiana Rehabilitation Services**

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

### **McNeese College of Nursing Immunization Clinic**

Main # (337) 475-5991 & (337) 475-5820 (1<sup>st</sup> Floor of Hardtner Hall on McNeese Campus – 550 E. Sale Road, P.O. Box 90415 Lake Charles 70609)

- Open 1<sup>st</sup> Tuesday of every month except Jan., June, and July
- Vaccines for children up to 18 years of age on 1<sup>st</sup> Tuesdays from 3:30 p.m. to 5:30 p.m.
- Closed when McNeese University is closed

### **Partners for Prescription Assistance**

1-888-477-2669 [www.pparx.org](http://www.pparx.org)

- helps pay for medicine

### **Prescription Savings Program**

1-877-789-6028 & [www.togetherxaccess.com](http://www.togetherxaccess.com)

### **Patient Advocate Foundation**

1-800-532-5274 Fax: (757) 873-8999 [www.patientadvocate.org](http://www.patientadvocate.org)

- Offers free help in navigating healthcare systems
- Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness
- Mon – Thurs, 8 am – 8 pm; Fri, 8:30 am – 7:00 pm

### **Senior RX (a program of the Calcasieu Council on Aging)**

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles, La. 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

### **Southwest Louisiana AIDs Council (SLAC) Contact: Don**

(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (1715 Common Street, Lake Charles 70601)

- ***Provides services for HIV positive persons*** – presentations, HIV counseling, testing, teen education, case management, food pantry, support groups, transportation, dental and eye care. They also offer free community presentations.

### **Southwest Louisiana Center for Health Services - WIC**

(337) 439-9983 ext. 3 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

### **Southwest Louisiana Independence Center (SLIC) [www.slic-la.org](http://www.slic-la.org)**

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (2016 Oak Park Blvd, Lake Charles 70601)

- Medical equipment available for elderly or disabled who qualify. Free CPT lab, advocacy, info and referrals

### **Emergency Medication**

#### **Allen P. August Multi-Purpose Center**

(337) 721-4030 Fax: (337) 721-4031 (2001 Moeling St., Lake Charles 70601)

- Once a year. Life sustaining medications only.

#### **Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington St., Sulphur 70663)

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

#### **Catholic Charities**

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street Lake Charles 70601)

- **No Narcotics Assistance Given.**
- Open Monday thru Friday 9 a.m. - 4:30 p.m. **Please call to make an appointment.**

## Medical Facilities

### **Allen Parish Health Unit**

(318) 335-1147 & Fax: (318) 335-2898 (145 Hospital Drive, P.O. Drawer 1121 Oakdale 71463)

### **Beauregard Parish Health Unit**

(337) 463-4486 & Fax: (337) 462-2486 (216 Evangeline St., DeRidder 70634)

### **Calcasieu Parish Health Unit**

(337) 478-6020 & Fax: (337) 475-8613 (3236 Kirkman St., Lake Charles 70601)

### **Cameron Parish EMS Services**

(337) 542-4926 Fax: (337) 542-4924 (P.O. Box 248 Creole, LA 70632)

### **Christus St. Patrick Hospital**

(337) 436-2511 & Admin Fax: (337) 491-7157 (524 Dr. Michael DeBaKey Drive, Lake Charles 70601)

### **Dequincy Memorial Hospital**

(337) 786-1200 & Admin Fax: (337) 786-1219 (110 W. 4<sup>th</sup> St. Dequincy 70633)

### **Hackberry Primary Rural Health Clinic**

(337) 762-3762 & Fax: (337) 762-3838(1020 Main Street, Hackberry 70645)

- Mon, Tue., Thurs. 8 a.m.-5 p.m.; Wed 8 a.m. – 12 p.m.; Fri. 8 a.m. – 3 p.m.

### **Jeff Davis Parish Health Unit**

(337) 824-2193 & Fax: (337) 824-0794 (403 Baker Street, Jennings 70546)

- 8 a.m. – 4:30 p.m., Mon., Tues., Wed., and Fri.

### **Jennings American Legion Hospital**

(337) 616-7000 & Admin Fax: (337) 616-7034 (1634 Elton Rd., Jennings 70546)

### **Lake Charles Memorial Hospital**

(337) 494-3000 & Admin Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles 70601)

### **Oakdale Community Hospital**

(318) 335-3700 & Admin Fax: (318) 215-3024 (130 North Hospital Dr., Oakdale 71463)

### **South Cameron Memorial Hospital**

(337) 542-4111 & Fax: (337) 542-7180 (5360 West Creole Hwy., Cameron 70631)

### **Southwest Louisiana Center for Health Services**

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Mon., Wed., & Thurs. 8 am – 5 pm; Tues 10 am – 7 pm; Fri. 8 am – noon. Appointments only.

### **West Calcasieu Cameron Hospital**

(337) 527-7034 & Fax: (337) 527-4373 (701 E. Cypress St., Sulphur 70663)

### **W.O. Moss Regional**

(337) 475-8100 & Admin Fax: (337) 475-8104 (1000 Walters Street, Lake Charles 70607)

### **Women & Children's Hospital**

(337) 474-6370 & Admin Fax: (337) 475-4143 (4200 Nelson Road, Lake Charles 70605)

[www.women-childrens.com](http://www.women-childrens.com)

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