

bachelor's degree

on campus

Health and Human Performance

Degree Type: Bachelor of Science (B.S.)

Program Length: 4 years (120 credit hours)



What Can You Do With a Bachelor's Degree in Health and Human Performance?

The Bachelor of Science degree in health and human performance prepares you for a career in promoting healthy habits and physical fitness. With a mix of coursework that explores the theoretical knowledge and practical application of medicine, this undergraduate program is a foundational degree in health sciences.

- Athletic Coach or Scout
- Athletic Director
- Fitness Trainer and Instructor
- Exercise Physiologist
- Health Safety Specialist
- Home Health Aide
- Occupational Therapy Assistant
- Performance Coach
- Physical Therapy Assistant or Aide
- Safety Technician or Manager

MCNEESE STATE UNIVERSITY

WHY MCNEESE?

Here are just a few reasons to make McNeese your first choice ...



Financial Aid and Scholarships:

McNeese has one of the most affordable tuition rates in Louisiana. Plus, the H.C. Drew School of Health and Human Performance offers a variety of program scholarships to help pay for college.

State-of-the-Art Facilities:

Housed in a new facility featuring a sports training center, exercise physiology lab, athletic training lab and rehab center, this undergraduate program offers you access to advanced technology that is used in the professional world. As a major in health and human performance, you'll practice with top-of-the-line equipment in a variety of lab assessments.

Applied Learning:

Our degree program offers a practical, hands-on approach to learning through lab experiences, job shadowing, internships and student-teaching residencies. Local internships are available in a variety of areas and often lead to opportunities for independent study and undergraduate research.

Excellence With a Personal Touch:

Program faculty include team physicians, certified athletic trainers, certified clinical exercise physiologists, certified first aid instructors and certified teachers. Highlighted by its new facility dedicated to classes, labs and student advising, professors and advisers help you achieve your academic and career goals.

H.C. Drew School of Health and Human Performance

The faculty in the H.C. Drew School of Health and Human Performance are committed to preparing our students to become health care professionals who wish to promote healthy habits and physical fitness. We are also preparing teachers and coaches in the areas of health, physical, safety, driver and recreation education. Our programs explore human body function and performance while combining elements of teaching and health curricula.

Health and Human Performance Degree Concentrations

Pre-Physical Therapy

Explore the physiology of the human body and gain hands-on experience in creating rehabilitation plans and working with patients in a controlled environment.

Pre-Occupational Therapy

Learn how to help a patient adapt to home or work while continuing exercises and activities that heal and correct bodily injuries and malfunctions.

Pre-Chiropractic Medicine

Begin your research of the nervous system and learn how it relates to the human body and graduate prepared to provide corrective and healing treatment to your patients.

Sport and Wellness Management

Study a range of topics, including sports management, sports nutrition, personal training, exercise physiology and kinesiology and graduate eligible to sit for certification exams in personal training, strength and conditioning coaching and sports nutrition.

Sports Medicine

Prepare for a variety of careers that promote physical fitness and train others to prevent and treat sports injuries.

Apply Now!



MCNEESE
STATE UNIVERSITY

STUDENT CENTRAL™

4435 Ryan Street · Lake Charles, LA 70609

337-475-5065

studentcentral@mcneese.edu