

2007 MASTER PLAN/PROGRESS REPORT

Academic Program: MS Health and Human Performance

Person Responsible: Dan Denson, Graduate Director

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Mission: The Master's of Science Program in Health and Human Performance is designed to increase knowledge and critical thinking skills and be an advanced research-based program with concentrations of exercise physiology and health promotion.

Institutional Mission Reference: The Program in Health and Human Performance supports the university's mission of: (1) providing a baccalaureate curriculum distinguished by academic excellence, (2) promoting student success, (3) promoting university-community linkages, (4) cultivating skills necessary for critical thinking and effective expression, (5) gaining an understanding of the multicultural global community, and (6) developing a sense of ethical and civic responsibility along with specific knowledge of their chosen discipline.

Assessment Methods Utilized:

- Standardized Exam (nationally normed)
- Standardized Exam (state-normed)
- Major Field Examination
- Internally-developed Examination
- Student Opinion Survey (SOS)
- National Survey of Student Engagement (NSSE)
- Employer Survey
- Graduate Survey
- Alumni Survey
- Exit Survey/Interview/Exam
- Program-specific Survey
- Scoring of Essay
- Portfolio Evaluation
- Capstone Project
- Presentation
- Research Paper
- Research Project
- Course Summary
- Excel Spreadsheet
- Access Database
- Other - Please describe: _____

Data Repository Location:

- _____
- _____
- Faculty/Staff office files
- Faculty/Staff office files
- Departmental office files
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Student Learning Outcome 1: Graduates apply critical thinking in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
85% of graduate students select and utilize appropriate statistical tools in the analysis of data.	87% of graduate students demonstrated proper selection and utilization of statistics tools in a rubriced laboratory exercise and 3 homework assignments.	Continue to use laboratory and homework assignments to teach proper selection and utilization of statistical tools.
80% of graduate students are knowledgeable of the physiological response of recovery from exercise.	85% of graduate students successfully measured physiological recovery from exercise in a rubriced laboratory exercise and embedded questions in Test 1.	Continue to use laboratory exercises and embedded test questions to teach physiological recovery from exercise.

Student Learning Outcome 2: Graduates formulate and express ideas effectively through oral, written, and/or technological communications in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
<p>85% of graduate students successfully plan and present a 50 minute seminar on a selected health topic.</p> <p>100% of graduate students will successfully complete with a proficiency level of 70% or higher 4 comprehensive exams.</p>	<p>90% scored 85 % or better on a rubriced evaluation of seminar presentation.</p> <p>17 out of 18 gradute students scored 70% or higher on first examination. 1 out of 18 scored 70% of higher given a retake.</p>	<p>Continue to upgrade rubric and require more technology in seminar presentation.</p> <p>Graduate faculty will continue having regular meetings to update testing material.</p>

Student Learning Outcome 3: Graduates analyze the global community to make sound judgments in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
<p>80% of students are able to identify and describe at least 3 health issues that are disproportionately prevalent among the following: African-Americans, Hispanics, Native Americans and Asian Americans.</p> <p>80% of students are able to describe the roles of the following international health agencies: World Health Organization, UNICEF, and International Red Cross.</p>	<p>90% accurately answered the 3 embedded test items in HHP 637 that measured recall of U.S. minority health issues.</p> <p>A small group (3) of students successfully presented (95%) a 30-minute seminar on minority health issues as measured by the appropriate rubric in HHP 637</p> <p>100% correctly responded to 2 embedded test items in HHP 637</p>	<p>Continue to emphasize minority health in lecture and assign seminar topics that address relevant health issues.</p> <p>Expand the discussion of international health agencies to include the role and responsibility of the Centers of Disease Control and Prevention in international health.</p> <p>Add 2 more embedded test items on international health in HHP 637.</p>