

2007 MASTER PLAN/PROGRESS REPORT

Academic Program: BS Health and Human Performance (General), Exercise Science Concentration

Person Responsible: Robert Voight

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Mission: The mission of the General Concentration programs in the Department of Health and Human Performance include the following: 1) preparation of workers in the field of health promotion, 2) preparation of students for success in physical therapy school, 3) preparation of students for graduate studies in health and human performance, 4) exposure of students to professional activities, and 5) the provision of leadership in community activities.

Institutional Mission Reference: The program supports the university's mission of: 1) providing a baccalaureate curriculum distinguished by academic excellence, 2) promoting student success, 3) promoting university-community linkages, 4) cultivating skills necessary for critical thinking and effective expression, 5) gaining an understanding of the multicultural global community, and 6) developing a sense of ethical and civic responsibility along with specific knowledge of the chosen discipline.

Assessment Methods Utilized:

- Standardized Exam (nationally normed)
- Standardized Exam (state-normed)
- Major Field Examination
- Internally-developed Examination
- Student Opinion Survey (SOS)
- National Survey of Student Engagement (NSSE)
- Employer Survey
- Graduate Survey
- Alumni Survey
- Exit Survey/Interview/Exam
- Program-specific Survey
- Scoring of Essay
- Portfolio Evaluation
- Capstone Project
- Presentation
- Research Paper
- Research Project
- Course Summary
- Excel Spreadsheet
- Access Database
- Other - Please describe: Laboratory exercises in HHP 345 and 448

Data Repository Location:

Faculty/Staff office files

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Student Learning Outcome 1: Graduates apply critical thinking in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
<p>1. Seventy percent of students will be able to identify components of health related fitness and design programs to improve these components.</p> <p>2. Seventy percent of students will describe relationships between personal behaviors and health.</p> <p>3. Seventy percent of students will be able to recognize symptoms of various forms of trauma and administer appropriate care.</p>	<p>1. Embedded test questions from exams in H&HP 124.</p> <p>2. Embedded test questions from exams in H&HP 122.</p> <p>3. Students must pass the American REd Cross First Aid certification exam with a score of 80% and pass practical exams with a score of 70%</p>	<p>1. Embedded test questions from exams in H&HP 124.</p> <p>2. Embedded test questions from exams in H&HP 122.</p> <p>3. Students must pass the American REd Cross First Aid certification exam with a score of 80% and pass practical exams with a score of 70%</p>

Student Learning Outcome 2: Graduates formulate and express ideas effectively through oral, written, and/or technological communications in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
<p>1. Seventy percent of students will be able to demonstrate ability to anatomically analyze human movement and identify the muscles producing the action.</p> <p>2. Seventy percent of students will be able to utilize laboratory equipment to demonstrate selected motor learning principles.</p> <p>3. Seventy percent of students will be able to perform and evaluate physical performance tests.</p>	<p>1. Students will score 35/50 on mechanical analysis rubric.</p> <p>2. Students will score 70% (144/206) on selected laboratory exercises/reports.</p> <p>3. Students will score 70% on written laboratory reports.</p>	<p>1. No analyses were done due to lack of availability of laboratory as a result of Hurricane Rita. Mechanical analyses will resume in Fall 2007.</p> <p>2. Eighty-nine percent of the students met the objective. Objective will remain the same.</p> <p>3. One hundred percent of the students met the objective. Objective will remain the same.</p>

Student Learning Outcome 3: Graduates analyze the global community to make sound judgments in academic and professional environments.

<u>Expected Level of Achievement</u>	<u>Actual Data From Assessment</u>	<u>Actions/Decisions</u>
<p>1. Seventy percent of students will be able to describe the relationship between race and ethnicity to health.</p>	<p>Embedded test questions for exams in H&HP 122.</p>	<p>Benchmark year for this objective.</p>