



Stop the spread of germs that make you and others sick!

Cover your mouth and nose with a tissue when you cough or sneeze.

or

Cough or sneeze into your upper sleeve, not your hands.



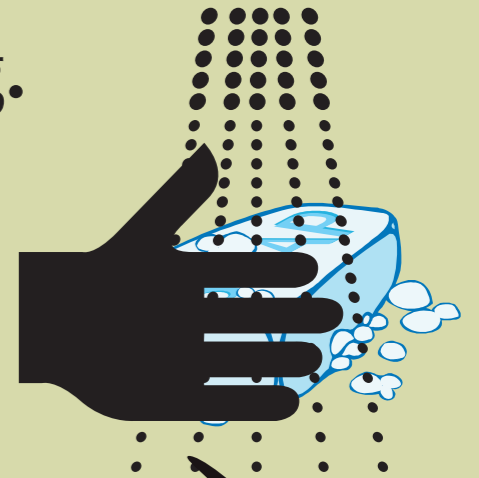
Put your used tissue in the wastebasket.



Clean your hands after coughing or sneezing.



Wash hands with soap and warm water or clean with alcohol-based hand cleaner.



Cover Your Cough